

OFFICES:

Adams Leadership
Institute

Community Standards
Counseling Center
Dean of Students
Fraternity and
Sorority Life
Prevention Programs
Recreational Services
Residence Life
Student Life

PROGRAMMATIC FOCUS:

Collaboration
Communication
Global/Intercultural
Understanding
Growth Mindset
Leadership
Personal
Responsibility



drake.edu/studentlife

PROGRAM HIGHLIGHTS

Adams Leadership Institute

87

ALI students attended the annual back-toschool reception event in September to welcome incoming first year and transfer students.

2023 SUSSMAN LEADERSHIP CONFERENCE

This year's conference, "One Better World," took placed on November 11, 2023, and welcomed Dr. Vernon Wall as a keynote speaker. Dr. Wall facilitated three hours of keynote and workshop content to **140 student leaders** across campus. Of the **71 students** who completed the event feedback survey, **94%** stated the conference content was relevant and immediately useful to their leadership roles and responsibilities on campus. **51** of these students listed specific, actionable takeaways they planned to implement, and **94%** of them would recommend this session to other students on campus.

PERSONALIZED COACHING APPOINTMENTS

for sophomores, juniors, and seniors in the Adams Leadership Institute this fall. During these conversations, sophomores and juniors were equipped with specific language, techniques, and skills to describe their personal strengths and talents in professional interview settings, and seniors were able to select from a variety of topics they wanted to discuss regarding leadership, personal budgeting, and the post-graduate transition. Across all 38 appointments, there were three themes that emerged: students indicated they left their coaching appointment feeling less stressed, more confident in themselves, and connected to a source of support on campus.

Counseling Center

85

campus outreach activities

943

appointments

80

students participated in the 2nd Annual Suicide Awareness Walk

91%

of students felt more capable of implementing new coping skills after using our services.

PET THERAPY PROGRAMMING

Impacted 80-120 at each event.

100% reported that the events helped them to overcome stress.

100% reported that therapy dogs helped improve their well-being.

Recreational Services

Counseling Center, co-hosted the 1st Annual Wellness Conference

120+

students, staff, and faculty attended our Wellness
Conference.

37,468

visits to rec services classes and facilities this fall.

Fraternity and Sorority Life

PROGRAMS:

Bulldog Block Party
CPR Training
Event Monitoring Training
Finals Brunch
FSL StudyTables
New Member Training
One Iowa Collaboration
Parent Panel

Residence Life

105
Residence Life Programs

Prevention Programs

C-WORD CONSENT

VIP students met with incoming first year students to discuss the C-Word Consent program and provide them with Title IX resources on campus.

ATHLETICS PRESENTATIONS

Meeting with **all** Drake student athletes to provide prevention education and Title IX resources. (Title IX Office and Prevention Programs).

POSITIVE MENTALITY

Positive MENtality meets
weekly each semester
to engage in meaningful
conversations about
healthy masculinity and
allows a space for men on
campus to discuss topics
related to masculinity. This
group is open to all genders
and is a safe space to
discuss cultural norms that
may be creating harm.

Registered Student Programs

805